

FoxArt Digital Store

Thank You for Your Purchase!

Welcome to the Acting Confidence Kit by FoxArt — a printable workbook designed to support young performers with confidence, calm, and emotional readiness before auditions, classes, and performances.

This kit is created with care and intention, using a gentle, parent-approved approach.

What's Inside the Acting Confidence Kit

This kit includes a variety of printable pages to support confidence and preparation, such as:

- Mindset and confidence prompts
- Pre-audition preparation pages
- Character exploration worksheets
- Reflection and confidence-tracking pages

All pages are printable and reusable.

How to Use This Kit

There is no set order for this kit.

You may:

- Print the full workbook or select individual pages
- Use one page at a time or revisit favorites
- Complete pages independently or with a parent or coach

Use this kit as part of a calm, supportive routine — before auditions, during practice weeks, or whenever confidence support is helpful.

Parent Guidance Note

This kit is designed to be age-appropriate, pressure-free, and supportive, with parents and guardians in mind.

It focuses on confidence, self-awareness, and positive mindset and is intended for personal and family use.

Thank You for Supporting FoxArt

Every purchase supports FoxArt Digital Store in creating thoughtful, parent-approved